

What do you do when the person who raised and cared for you becomes ill herself? For author Diane Hamilton, that moment happens when her beloved mother becomes critically ill with A.L.S. Progressive Bulbar Palsy or, as some refer to it Lou Gehrig Disease. Hamilton leaves her job and becomes her mother's primary caregiver. But caring for an A.L.S. patient isn't easy. There are no books to help her, and so she and her mother begin their journey together, with trial and error efforts and the support of a loving family. In a moving month-by-month tribute, Hamilton invites you into her life as a caregiver, showing you how illness brings her and her mother even closer together, and that even in the midst of sorrow, love survives. As her mother gets more and more ill, losing her ability to swallow and to talk, Hamilton and her family cope. She discovers the wonders of sippy cups and how tomato juice is the one thing her mother can drink. Life and celebrations still go on, and Hamilton's daughter gives birth. Hamilton learns to do things her mother's way, and gives helpful tips on coping and nutrition and how love and laughter are always the best medicine. This is a moving and important book, and an essential read for anyone who is a caregiver or a patient-or who might be in the future.



# Tomato Juice

*A tribute to my mom*



**Our journey through  
Progressive Bulbar Palsy**

**A.L.S.**  
**A motor neuron disease**

**Diane Hamilton**